

Quickie Taco - Tuna Fish Tacos

When it's too hot to cook but you need a fish taco.

Ingredients for Tuna Fish Tacos:

- 1 five ounce can/jar tuna (in water)
- 2 tbsp diced onion
- 1 tbsp diced jalapeno
- 1 tbsp chopped cilantro
- 2 tbsp mayo
- 1 cup chopped cabbage
- 1/4 cup diced avocado
- 1/4 cup diced tomato
- fresh lime
- hot sauce or salsa
- salt & pepper to taste
- 4 corn tortillas



Notes: Makes four tacos. Some chipotle powder or cumin would be a nice twist to the tuna fish salad. For even more crunch, add some crushed tortilla chips.

Directions:

- 1. Prepare the tuna fish.** In a small bowl combine drained tuna, onion, jalapeno, cilantro and a squeeze of fresh lime. Stir in mayonnaise and hot sauce. Salt and pepper to taste.
- 2. Build the tacos.** Warm or toast tortillas briefly in the microwave or toaster. Spoon 1/4 of the mixture onto each tortilla. Top with shredded cabbage, diced tomato and avocado. Serve with lime and salsa.
- 3. Share and enjoy.**