

Breakfast Skillet

Breakfast is what's for dinner.

Ingredients for Breakfast Skillet:

1 russet potato, cubed
1/3 cup chopped onion
1/4 cup chopped red bell pepper
5-6 quartered crimini mushrooms
2 pieces Canadian Bacon
1 handful spinach
1 garlic clove, minced
2-4 eggs
salt & pepper



Notes: Notes: Serves 2. Top with one or two eggs cooked to your preference.

Directions:

1. **Prepare the potatoes.** Clean and peel the eyes from potato. Par boil to soften. I usually cover the cubed potatoes with water and microwave for a couple minutes. Drain water and add to a hot skillet with a small amount of olive oil. Saute until potatoes begin to turn golden brown.
2. **Add onion and pepper.** Saute a few minutes until softened.
3. **Add mushrooms and Canadian Bacon.** Combine and be mindful that the heat can cause the small Canadian Bacon pieces to “jump” from the hot skillet.
4. **Add spinach and garlic.** Combine and lower heat.
5. Prepare eggs and serve immediately. Enjoy!