

## Betty #13: That's Nacho Resolution! Beware of the hype, Betty.

## Ingredients:

leftover meats such as chicken or steak, (about 1/2 cup)
leftover veggies such as onion or bell pepper (1/2 cup)
tortilla chips (about 2 hand fulls)
shredded cheese, about 1 1/2 cups (cheddar, Monterey Jack)
1 green onion, diced
1 small tomato, seeded & diced
1-2 tsp fire roasted jalapenos
black olives, if desired



## Serve with:

guacamole, sour cream

## **Directions:**

- 1. Cover a big microwave safe plate with tortilla chips.
- 2. Add a layer of shredded cheese, chicken or steak, onions and bell peppers and another layer of cheese.
- 3. Add a blast of fire roasted jalepenos to taste.
- 4. Microwave until hot and cheese is bubbly.
- 5. Garnish with tomatoes, green onions (and black olives, if desired) and serve with guacamole and sour cream.

For Nachos, Betty likes a simple guacamole of mashed avocado, salt, pepper and a squeeze of lime.

Makes enough for 2 really hungry people or 4 less hungry people that are using your cutest cocktail napkins.